

Human Services (HUMS)

Courses

HUMS A107 History of Systems of Change **3 Credits**

Introduces historical foundations of the human service profession through the lens of formative legislation and the evolution of the profession.

HUMS A122 Substance Misuse Disorders in Contemporary Society **3 Credits**

Presents addiction and substance misuse disorders as serious issues confronting contemporary society, using social-problem criteria, and identifies societal responses. Describes substance misuse disorder's impact on special populations. Identifies contexts influencing societal responses.

HUMS A125 Prevention of High Risk Behaviors in Adolescents **3 Credits**

Provides an overview of brain development and its impact on behavior. Presents types of issues in adolescence and prevention approaches to high-risk behavior.

HUMS A155 Field Work and Human Service Practice **3 Credits**

Presents skills appropriate for human service professionals in practicum placements and in future careers. Includes skills related to task groups, leadership, problem-solving, workplace etiquette, and working with diverse client populations. Presents use of e-portfolios in the documentation of learning.

HUMS A181 Peer Support and Recovery Practices In Behavioral Health **3 Credits**

Prepares students with the academic knowledge to serve as peer support specialists in Alaska. Introduces peer support and recovery practices in behavioral health. Provides opportunities to learn about evidence-based wellness education and recovery action plans. Fulfills the 40-hour training required by the Alaska Commission of Behavioral Health for the Peer Support Professional.

HUMS A190 Selected Topics in Human Service Practice **1-3 Credits**

Examines special interest topics in the field of human services.

Special Note: May be repeated for credit with a change in subtitle.

HUMS A200 Introduction to Children's Behavioral Health **3 Credits**

Covers ethics and ethical practices, self-care, confidentiality, mandatory reporting, overview of child and adolescent development, building and maintaining therapeutic relationships, boundaries, culturally responsive interventions, resiliency, communication, and additional behavioral health topics impacting treatment outcomes for children and adolescents.

Crosslisted With: DLS A200

HUMS A205 Teaching Social Skills to Youth in Children's Behavioral Health **3 Credits**

Promotes an understanding and application of learning theory to communication strategies, teaching methods and crisis prevention interventions.

Crosslisted With: DLS A205

HUMS A206 Positive Behavioral Supports in Children's Behavioral Health **3 Credits**

Extends knowledge of learning theory to functional behavior assessments of problem behaviors and appropriate interventions in children (age 0-18). Examines how to develop behavior support plans using non-aversive interventions for challenging and problematic behaviors with children.

Crosslisted With: DLS A206

Prerequisites: DLS A205 with a minimum grade of C or HUMS A205 with a minimum grade of C.

HUMS A207 Trauma Informed Work with Children **3 Credits**

Covers differentiation between types of trauma that children can experience and how trauma may affect their treatment outcomes. Examines safe and supportive trauma-informed interventions, as well as strategies to reduce the effects of caregiver fatigue.

HUMS A224 Systems of Conflict and Collaboration **3 Credits**

Presents interpersonal conflict and collaboration through the social construction and general systems theoretical frameworks. Presents models to help manage and/or resolve conflict.

HUMS A225 Counseling in Human Service Practice **3 Credits**

Presents counseling approaches and skills within ethical and theoretical frameworks. Provides students with knowledge and practical application skills for helping relationships, including skills for understanding, positive action, crisis intervention, and trauma-informed care.

HUMS A253 Human Services and Disabilities **3 Credits**

Explores human services in the diverse field of disabilities. Examines history, service systems, advocacy, and disability culture.

HUMS A255 Group Work in Human Service Practice **3 Credits**

Presents practical knowledge of planning, facilitating, and sustaining task-centered, support, and psychoeducational groups within human service practice in the formation of supportive communities. Includes a typology of groups and their facilitation, ethical considerations, group leadership, management and evaluation skills, and discussion of basic issues in group membership and facilitation.

HUMS A285 Professional Communication in Human Service Practice **3 Credits**

Develops and enhances students' professional writing skills for successful workplace communications in the field of human services. Prepares students for writing that reflects the values and principles endorsed in human services practice; enhances students' ability in critical thinking and analysis.

HUMS A288 Case Management in Human Services Practice **3 Credits**

Focuses upon theory and application associated with service delivery, client assessment, case planning, implementation, evaluation and ethical decision making.

Registration Restrictions: Admission to the Associate of Applied Science in Human Services, the Bachelor of Human Services or department approval

HUMS A290 Selected Topics in Human Service Practice 3 Credits
Addresses a selected topic or current issue in human services. Includes topics of national and international interest.

Special Note: May be repeated twice with change of subtitle. Department approval may be substituted for the required prerequisite course(s).

HUMS A295A Human Services Practicum I 3 Credits
Involves placement in a community agency with an emphasis on observation of agency structure and functioning, development of professional and inter-agency relationships, and application of beginning helping skills with agency clients. Includes having students construct e-portfolios to document their growth and development in practicum.

Special Note: Includes a mandatory weekly in-class seminar and 125 hours completed in the field placement agency.

Registration Restrictions: Admission to the Associate of Applied Science in Human Services or the Bachelor of Human Services.

Prerequisites: HUMS A155 with a minimum grade of C and HUMS A225 with a minimum grade of C and (WRTG A111 with a minimum grade of C or concurrent enrollment or WRTG A1W with a minimum grade of C).

HUMS A295B Human Services Practicum II 3 Credits
Provides students with advancing levels of responsibility in direct client services in the community and/or specialized activities/projects while increasing their professional development. Refines e-portfolio for further documentation of learning in practicum.

Special Note: Requires students to complete 125 hours of field placement in an agency setting and weekly classroom seminar.

Registration Restrictions: Admission to the Associate of Applied Science in Human Services or Bachelor of Human Services.

Prerequisites: HUMS A295A with a minimum grade of C.

HUMS A301 Substance Abuse Prevention 3 Credits
Presents knowledge and skills as tools in the development of community education and prevention programs in substance abuse.

Prerequisites: HUMS A122 with a minimum grade of C.

HUMS A302 Substance Use Disorders in Adolescence and Young Adulthood 3 Credits
Addresses the issues related to adolescents and young adults misusing alcohol, drugs, prescription medications, and other substances. Describes protective factors that help prevent substance misuse disorders. Examines scenarios that youth encounter from peer pressure, family difficulties, academic pressure, and societal pressures often leading to substance use experimentation.

Prerequisites: HUMS A122 with a minimum grade of C or HUMS A301 with a minimum grade of C.

HUMS A321 Diversity Issues in Human Services Practice 3 Credits
Examines diversity from historical and current perspectives with an emphasis upon self-awareness. Incorporates the needs of diverse groups into human services best practices through readings, role-play and group activity.

HUMS A333 Alternative Dispute Resolution 3 Credits
Provides a conceptual framework in alternative dispute resolution with emphasis on history, communication skills and ethics. Uses simulation exercises, including negotiation strategy and tactics, mediation process and techniques, and development of arbitration case theory presentation.

Registration Restrictions: Department approval

Prerequisites: HUMS A225 with a minimum grade of C.

HUMS A334 Family Mediation 3 Credits
Examines the role of mediation in resolving conflict in domestic relations, family business situations and crisis situations within the community. Incorporates systems theory, mediation theories, principles and skills of mediation, different approaches to family mediation and current research.

Registration Restrictions: Departmental approval

HUMS A355 Advanced Individual and Group Facilitation 3 Credits
Presents advanced facilitation skills enhancing the helping process for both individual and group settings. Covers specific theoretical concepts, techniques and approaches appropriate to a broad range of human services delivery systems. Links individual and group work, human service organizations, and communities, particularly ones in which members experience oppression and marginalization.

Registration Restrictions: Admission to the Bachelor of Human Services or department approval

Prerequisites: HUMS A255 with a minimum grade of C.

HUMS A356 The Dynamics of Human Service Organizations 3 Credits

Introduces the dynamics of human service organizations and the evolution of the human services field. Examines organizational behavior and its impact on clients, staff, and the community.

Prerequisites: HUMS A225 with a minimum grade of C.

HUMS A390 Selected Topics in Human Service Practice 3 Credits
Examines special interest topics in the field of human services.

Special Note: May be repeated for a maximum of 9 credits with a change of subtitle.

HUMS A412 Ethical Issues in Human Services Practice 3 Credits
Examines ethical issues in human services practice defined in the National Organization of Human Services (NOHS) Ethical Code. Focuses on client rights, confidentiality and worker responsibility.

Registration Restrictions: Admission to the Bachelor of Human Services

Prerequisites: HUMS A321 with a minimum grade of C.

HUMS A414 Advanced Case Management for Human Services Professionals 3 Credits
Examines the influence of personal worldviews on treatment, client assessment, treatment planning and evaluation. Focuses on theories and conceptualization as they relate to clients in the context of their environment. Identifies skills necessary for providing case management in specialty areas.

Registration Restrictions: Admission to the Bachelor of Human Services

Prerequisites: HUMS A288 with a minimum grade of C.

HUMS A416 Substance Misuse Disorders and the Older Adult 3 Credits

Addresses the issues related to older adults misusing alcohol, drugs, prescription medications and other substances. Emphasizes identification, assessment and intervention strategies. Highlights mental health issues related to an older population.

Registration Restrictions: Admission to the Bachelor of Human Services or departmental approval

HUMS A417 Substance Abuse Counseling for the Human Service Profession 3 Credits

Develops advanced counseling skills specifically required by human service professionals providing substance abuse treatment. Includes client assessment, diagnosis, and treatment planning. Analyzes substance abuse treatment strategies.

Registration Restrictions: Admission to the Bachelor of Human Services or departmental approval

Prerequisites: HUMS A225 with a minimum grade of C.

HUMS A441 Cultural Practice in Human Systems 3 Credits

Presents the concept of a culturally attuned practitioner, acknowledging the pain of oppression and coming from a place of not knowing. Provides students with the principles of multiracial cultural attunement: critical multiraciality, intersectionality, and social constructivism. Presents theories of racism and oppression as well as theories consistent with cultural attunement.

Prerequisites: HUMS A321 with a minimum grade of C.

HUMS A442 Privilege & Oppression: Equity and Equality in America 3 Credits

Presents historical information on laws, policies, and regulations that have impacted racism and anti-racism efforts. Provides a framework for recognizing racism in the context of today's society.

Prerequisites: HUMS A321 with a minimum grade of C.

HUMS A455 Trauma and Crisis Intervention 3 Credits

Presents intervention techniques focused on a systematic approach to effective crisis management. Examines the causality, identification, intervention, treatment strategies, and follow-up with victims of trauma.

Registration Restrictions: Admission to the Bachelor of Human Services or Minor in Human Services

HUMS A464 Leadership and Diversity in Contemporary Society 3 Credits

Explores leadership development, styles and challenges in a global society through the frameworks of transformative and other structural change models. Examines profit and non-profit management as well as agents of change that improve or hinder human services delivery.

HUMS A490 Selected Topics in Human Services Practice 3 Credits

Presents a systems approach to community and family human service delivery. Examines contemporary and changing service delivery values, perspectives and intervention techniques, in the correctional, child protection, mental health, health, housing, and other complex systems.

Special Note: May be repeated three times with a change of subtitle and content.

Registration Restrictions: Department approval.

HUMS A491 Program Development & Evaluation in Human Service Organizations 3 Credits

Provides knowledge and skill development in: the systematic analysis of service needs; planning appropriate strategies, services, and implementation; and the evaluation of outcomes. Involves the assessment of client needs and the planning of programs and interventions that will assist clients in promoting growth and goal attainment.

Registration Restrictions: Admission to the Bachelor of Human Services and junior or senior standing.

HUMS A495 Human Services Practicum III 3 Credits

Provides students with advancing levels of responsibility in direct client services and/or specialized activities/projects. Increases students' professional development through the use of electronic portfolios. Affords students an opportunity to develop the proposal for their Capstone project.

Special Note: Requires students to complete 125 hours in a field placement agency.

Registration Restrictions: Admission to the Bachelor of Human Services and senior standing

Prerequisites: HUMS A295B with a minimum grade of C and HUMS A491 with a minimum grade of C.

HUMS A496 Human Services Integrative Capstone 3 Credits

Prepares students to conduct applied research to complete a Human Services Integrative Capstone project. Includes 50 hours in the same field placement agency as HUMS A495, where students will collect data necessary for their Capstone research project. Requires students to complete a literature review, collect and analyze the data and present the results, in a presentation, using e-portfolio. Provides an opportunity for students to develop their grant writing skills.

Registration Restrictions: Admitted to the Bachelor of Human Services program with senior standing and completion of all GER Tier 1 (basic college-level skills) courses.

Prerequisites: HUMS A495 with a minimum grade of C.

Attributes: UAA Integrative Capstone GER.