Human Services (HUMS)

Courses

HUMS A107 History and Systems of Human Services 3 Credits
Introduces historical foundations of the human service profession through the lens of formative legislation and service delivery systems.

HUMS A123 Community Education and Prevention in Substance Abuse 3 Credits
Presents knowledge and skills as tools in the development of community education and prevention programs in substance abuse.

HUMS A125 Intervention and Prevention of High Risk Behaviors in Adolescents 3 Credits
Provides an overview of brain development and its impact on behavior. Presents types of high risk behaviors in adolescents and approaches to prevention and intervention.

HUMS A155 Human Relations in the Workplace 3 Credits
Presents human relations skills appropriate in the workplace for professionals. Includes skills related to task group team membership and leadership, problem solving, workplace etiquette, and working within diverse groups.

HUMS A190 Holistic Approaches to Behavioral Health and Wellness 1-3 Credits
Introduces holistic and natural approaches to behavioral health and wellness. Explores various evidenced-based practices including indigenous, contemporary and global models of health and recovery.

Special Note: May be repeated for credit with a change in subtitle. This course cannot be used to fulfill degree requirements for the HUMS AAS or BHS degree.

HUMS A200 Introduction to Children's Behavioral Health 3 Credits
Covers ethics and ethical practices, self-care, confidentiality, mandatory reporting, overview of child and adolescent development, building and maintaining therapeutic relationships, boundaries, culturally responsive interventions, resiliency, communication, and additional behavioral health topics impacting treatment outcomes for children and adolescents.

Registration Restrictions: Department approval
Crosslisted With: DLS A200

HUMS A205 Teaching Social Skills to Youth in Children's Behavioral Health 3 Credits
Promotes an understanding and application of learning theory to communication strategies, teaching methods and crisis prevention interventions.

Registration Restrictions: Department approval
Crosslisted With: DLS A205

HUMS A206 Positive Behavioral Supports in Children's Behavioral Health 3 Credits
Extends knowledge of learning theory to functional behavior assessments of problem behaviors in children (age 0-18) and appropriate interventions. Examines how to develop behavior support plans using non-aversive interventions for challenging and problematic behaviors with children.

Registration Restrictions: Department approval
Crosslisted With: DLS A206
Prerequisites: DLS A205 or HUMS A205.

HUMS A223 Introduction to Paraprofessional Counseling 3 Credits
Presents basic paraprofessional counseling skills and theories, focused upon a systematic approach to effective counseling. Presents skills organized into four categories: skills for understanding, skills for crisis intervention, skills for positive action, and trauma-informed care.

HUMS A224 Conflict and Collaborative Systems 3 Credits
Presents interpersonal conflict and collaboration through the social construction and general systems theoretical frameworks. Presents models to help manage and/or resolve conflict.

HUMS A256 Groups and Organizations 3 Credits
Introduces social, organizational and work-group behavior within a human services context. Examines group theory, dynamics and processes in a variety of applications.

HUMS A290 Selected Topics in Alcohol and Drug Counseling 0.5-3 Credits
Provides the most current education in the area of substance abuse counseling. Specific topics will vary.

HUMS A295A Human Services Practicum I 3 Credits
Involves placement in a community human service agency with emphasis on observation of agency structure and functioning, development of professional and inter-agency relationships, and application of beginning helping skills with agency clients. Includes a mandatory weekly in-class seminar and 125 hours completed in the field placement agency.

Registration Restrictions: GER Written Communication, human services major
Prerequisites: WRTG A111 with a minimum grade of C or concurrent enrollment and HUMS A107 with a minimum grade of C and HUMS A155 with a minimum grade of C and HUMS A223 with a minimum grade of C.

HUMS A295B Human Services Practicum II 3 Credits
Provides students with advancing levels of responsibility in direct client services and/or specialized activities/projects while increasing their professional development. Requires students to complete 125 hours of field placement in an agency setting and weekly classroom seminar.

Registration Restrictions: Human services major
Prerequisites: HUMS A295A with a minimum grade of C.

HUMS A321 Diversity Issues in Human Services Practice 3 Credits
Examines diversity from historical and current perspectives with an emphasis upon self-awareness. Incorporates the needs of diverse groups into human services best practices through readings, role-play and group activity.
HUMS A322 Introduction to Case Management in Human Services Practice 3 Credits
Focuses upon theory and application associated with service delivery, client assessment, case planning, implementation, evaluation and ethical decision making.
Prerequisites: HUMS A107 with a minimum grade of C and HUMS A223 with a minimum grade of C.

HUMS A324 Introduction to Paraprofessional Counseling II 3 Credits
Provides students both theory and skill development learning experiences designed to advance paraprofessional counseling skills.
Prerequisites: HUMS A223 with a minimum grade of C.

HUMS A333 Alternative Dispute Resolution 3 Credits
Provides a conceptual framework in alternative dispute resolution with emphasis on history, communication skills and ethics. Uses simulation exercises, including negotiation strategy and tactics, mediation process and techniques, and development of arbitration case theory presentation.
Registration Restrictions: Departmental approval
Prerequisites: HUMS A223 with a minimum grade of C and HUMS A224 with a minimum grade of C.

HUMS A334 Family Mediation 3 Credits
Examines the role of mediation in resolving conflict in domestic relations, family business situations and crisis situations within the community. Incorporates systems theory, mediation theories, principles and skills of mediation, different approaches to family mediation and current research.
Registration Restrictions: Departmental approval

HUMS A350 Men and Masculinity 3 Credits
Examines the historical, cultural and psycho-social perspectives of masculinity and male sex roles focusing on males in a human services setting emphasizing family, work, sexuality, and mental and physical health issues.
Registration Restrictions: Departmental approval

HUMS A353 Working with Individuals with Disabilities: A Human Service Perspective 3 Credits
Explores working with individuals with mental health and/or developmental disabilities. Examines current issues as well as a history of the changes in disability laws.

HUMS A354 Clinical Approaches to Substance Abuse 3 Credits
Presents a range of clinical interventions for the treatment of substance abuse. Highlights the differences in treatment methods for alcohol, stimulants and opioids.
Registration Restrictions: Junior or senior status and departmental approval

HUMS A385 Working with Traumatized Children 3 Credits
Covers differentiation between types of trauma that children can experience and how trauma may affect their treatment outcomes. Examines safe and supportive trauma-informed interventions, as well as strategies to reduce the effects of caregiver fatigue.
Registration Restrictions: Department approval
Crosslisted With: DLS A385
Prerequisites: DLS A200 or HUMS A200.

HUMS A390 Selected Topics in Human Service Practice 0.5-3 Credits
Provides the most current education in the area of Human Service practice. Specific topics will vary.

HUMS A412 Ethical Issues in Human Services Practice 3 Credits
Examines ethical issues in human services practice defined in the National Organization of Human Services (NOHS) Ethical Code. Focuses on client rights, confidentiality and worker responsibility.
Registration Restrictions: Admitted to the Bachelor of Human Services degree

HUMS A414 Advanced Case Management for Human Services Professionals 3 Credits
Examines the influence of personal worldviews on treatment, client assessment, treatment planning and evaluation. Focuses on theories and conceptualization as they relate to clients in the context of their environment. Identifies skills necessary for providing case management in specialty areas.
Registration Restrictions: Admitted to the Bachelor of Human Services degree
Prerequisites: HUMS A322 with a minimum grade of C.

HUMS A416 Substance Abuse and the Older Adult 3 Credits
Addresses the issues related to older adults misusing alcohol, drugs, prescription medications and other substances. Emphasizes identification, assessment and intervention strategies. Highlights mental health issues related to an older population.
Registration Restrictions: Admitted to the Bachelor of Human Services degree or departmental approval
Prerequisites: HUMS A123 with a minimum grade of C and HUMS A223 with a minimum grade of C and HUMS A324 with a minimum grade of C.

HUMS A417 Substance Abuse Counseling for Human Service Professionals 3 Credits
Registration Restrictions: Admitted to the Bachelor of Human Services degree or with departmental approval
Prerequisites: HUMS A123 with a minimum grade of C and HUMS A223 with a minimum grade of C and HUMS A324 with a minimum grade of C.

HUMS A420 Introduction to Program Evaluation 3 Credits
Introduces the theory and practice of program evaluation for applied health and human services settings.
Registration Restrictions: Junior or senior status and departmental approval
Crosslisted With: HS A420

HUMS A435 Individual and Group Facilitation 3 Credits
Presents advanced facilitation skills enhancing the helping process used in both individual and group settings. Covers specific theoretical concepts, techniques and approaches appropriate to a broad range of human services delivery systems.
Registration Restrictions: Admitted to the Bachelor of Human Services degree or departmental approval
Prerequisites: HUMS A324 with a minimum grade of C.
HUMS A461 Crisis Intervention 3 Credits
Presents crisis intervention techniques focused on a systematic approach to effective crisis management. Examines crises in five categories: crisis causality, identification, intervention, treatment strategies and follow-up.
Registration Restrictions: Admitted to the Bachelor of Human Services degree or the minor in Human Services
Prerequisites: HUMS A324 with a minimum grade of C.

HUMS A464 Leadership in Human Services: Models, Process and Contemporary Issues 3 Credits
Explores leadership development, styles and challenges in a global society through the frameworks of transformative and other structural change models. Examines profit and non-profit management as well as agents of change that improve or hinder human services delivery.
Registration Restrictions: Admission to the Bachelor of Human Services

HUMS A490 Selected Topics in Family and Community Systems 3 Credits
Presents a systems approach to community and family human service delivery. Through the frameworks of diversity and social justice, the course examines contemporary and changing service delivery values, perspectives and intervention techniques, in the correctional, child protection, mental health, health, housing, and other complex systems.
Special Note: May be repeated three times with a change of subtitle.
Registration Restrictions: Department approval

HUMS A495 Human Services Practicum III 3 Credits
Provides students with advancing levels of responsibility in direct client services and/or specialized activities/projects while increasing their professional development. Weekly concurrent classroom seminars required. Requires students to complete 125 hours in a field placement agency and the first three sections of their Capstone proposal.
Registration Restrictions: Admission to the Bachelor of Human Services and senior standing
Prerequisites: HUMS A295B with a minimum grade of C and HUMS A420 with a minimum grade of C.

HUMS A496 Human Services Integrative Capstone 3 Credits
Prepares students to conduct applied research to complete a Human Services Integrative Capstone project. Requires 50 hours in the same field placement agency as HUMS A495, where students will collect data necessary for their Capstone research project. Requires students to analyze the data for their Capstone presentation.
Registration Restrictions: Admitted to the Bachelor of Human Services program with senior standing and completion of all GER Tier 1 (basic college-level skills) courses.
Prerequisites: HUMS A495 with a minimum grade of C.
Attributes: UAA Integrative Capstone GER.