Human Services (HUMS)

Courses

HUMS A107 History and Systems of Human Services 3 Credits
Introduces historical foundations of the human service profession through the lens of formative legislation and service delivery systems.

HUMS A123 Community Education and Prevention in Substance Abuse 3 Credits
Presents knowledge and skills as tools in the development of community education and prevention programs in substance abuse.

HUMS A125 Intervention and Prevention of High Risk Behaviors in Adolescents 3 Credits
Provides an overview of brain development and its impact on behavior. Presents types of high risk behaviors in adolescents and approaches to prevention and intervention.

HUMS A155 Introduction to Field Work and Human Service Practice 3 Credits
Presents skills appropriate for human service professionals in practicum placements and in future careers. Includes skills related to task groups, leadership, problem solving, workplace etiquette, and working with diverse client populations.

HUMS A190 Selected Topics in Human Service Practice 1-3 Credits
Examines special interest topics in the field of human services.

Special Note: May be repeated for credit with a change in subtitle.

HUMS A200 Introduction to Children's Behavioral Health 3 Credits
Covers ethics and ethical practices, self-care, confidentiality, mandatory reporting, overview of child and adolescent development, building and maintaining therapeutic relationships, boundaries, culturally responsive interventions, resiliency, communication, and additional behavioral health topics impacting treatment outcomes for children and adolescents.

Crosslisted With: DLS A200

HUMS A205 Teaching Social Skills to Youth in Children's Behavioral Health 3 Credits
Promotes an understanding and application of learning theory to communication strategies, teaching methods and crisis prevention interventions.

Crosslisted With: DLS A205

HUMS A206 Positive Behavioral Supports in Children's Behavioral Health 3 Credits
Extends knowledge of learning theory to functional behavior assessments of problem behaviors and appropriate interventions in children (age 0-18). Examines how to develop behavior support plans using non-aversive interventions for challenging and problematic behaviors with children.

Crosslisted With: DLS A206

Prerequisites: DLS A205 with a minimum grade of C or HUMS A205 with a minimum grade of C.

HUMS A224 Conflict and Collaborative Systems 3 Credits
Presents interpersonal conflict and collaboration through the social construction and general systems theoretical frameworks. Presents models to help manage and/or resolve conflict.

HUMS A225 Counseling in Human Service Practice 3 Credits
Presents counseling approaches and skills within ethical and theoretical frameworks. Provides students with knowledge and practical application skills for helping relationships, including skills for understanding, positive action, crisis intervention, and trauma-informed care.

HUMS A255 Group Work in Human Service Organizations 3 Credits
Presents practical knowledge of planning, facilitating, and sustaining task-centered, support, and psychoeducational groups within human service organizations and communities. Includes a typology of groups and their facilitation, ethical considerations, group leadership, management and evaluation skills, and discussion of basic issues in group membership and facilitation. Creates linkages between group work and human service organizations and communities.

Prerequisites: HUMS A225 with a minimum grade of C.

HUMS A256 Groups and Organizations 3 Credits
Introduces social, organizational and work-group behavior within a human services context. Examines group theory, dynamics and processes in a variety of applications.

HUMS A290 Selected Topics in Human Service Practice 3 Credits
Addresses a selected topic or current issue in human services. Includes topics of national and international interest.

Special Note: May be repeated twice with change of subtitle. Department approval may be substituted for the required prerequisite course(s).

Prerequisites: HUMS A107 with a minimum grade of C.

HUMS A295A Human Services Practicum I 3 Credits
Involves placement in a community human service agency with emphasis on observation of agency structure and functioning, development of professional and inter-agency relationships, and application of beginning helping skills with agency clients. Includes a mandatory weekly in-class seminar and 125 hours completed in the field placement agency.

Registration Restrictions: GER Written Communication, human services major

Prerequisites: HUMS A107 with a minimum grade of C and HUMS A155 with a minimum grade of C and (WRTG A111 with a minimum grade of C or concurrent enrollment or WRTG A1W with a minimum grade of C or SAT Critical Reading Score with a score of 610 or SAT Verbal Score with a score of 610 or EVIDENCE-BASED READ/WRIT SCORE with a score of 610 or Enhanced ACT English with a score of 30 or Original ACT English with a score of 30).

HUMS A295B Human Services Practicum II 3 Credits
Provides students with advancing levels of responsibility in direct client services and/or specialized activities/projects while increasing their professional development. Requires students to complete 125 hours of field placement in an agency setting and weekly classroom seminar.

Registration Restrictions: Human services major

Prerequisites: HUMS A295A with a minimum grade of C.

HUMS A321 Diversity Issues in Human Services Practice 3 Credits
Examines diversity from historical and current perspectives with an emphasis upon self-awareness. Incorporates the needs of diverse groups into human services best practices through readings, role-play and group activity.
HUMS A322 Introduction to Case Management in Human Services Practice 3 Credits
Focuses upon theory and application associated with service delivery, client assessment, case planning, implementation, evaluation and ethical decision making.
Prerequisites: HUMS A107 with a minimum grade of C.

HUMS A333 Alternative Dispute Resolution 3 Credits
Provides a conceptual framework in alternative dispute resolution with emphasis on history, communication skills and ethics. Uses simulation exercises, including negotiation strategy and tactics, mediation process and techniques, and development of arbitration case theory presentation.
Registration Restrictions: Departmental approval
Prerequisites: HUMS A225 with a minimum grade of C.

HUMS A334 Family Mediation 3 Credits
Examines the role of mediation in resolving conflict in domestic relations, family business situations and crisis situations within the community. Incorporates systems theory, mediation theories, principles and skills of mediation, different approaches to family mediation and current research.
Registration Restrictions: Departmental approval

HUMS A350 Men and Masculinity 3 Credits
Examines the historical, cultural and psycho-social perspectives of masculinity and male sex roles focusing on males in a human services setting emphasizing family, work, sexuality, and mental and physical health issues.
Registration Restrictions: Departmental approval

HUMS A353 Working with Individuals with Disabilities: A Human Service Perspective 3 Credits
Explores working with individuals with mental health and/or developmental disabilities. Examines current issues as well as a history of the changes in disability laws.

HUMS A354 Clinical Approaches to Substance Abuse 3 Credits
Presents a range of clinical interventions for the treatment of substance abuse. Highlights the differences in treatment methods for alcohol, stimulants and opioids.
Registration Restrictions: Junior or senior status and departmental approval

HUMS A385 Working with Traumatized Children 3 Credits
Covers differentiation between types of trauma that children can experience and how trauma may affect their treatment outcomes. Examines safe and supportive trauma-informed interventions, as well as strategies to reduce the effects of caregiver fatigue.
Crosslisted With: DLS A385

HUMS A390 Selected Topics in Human Service Practice 3 Credits
Examines special interest topics in the field of human services.
Special Note: May be repeated for a maximum of 9 credits with a change of subtitle.

HUMS A414 Advanced Case Management for Human Services Professionals 3 Credits
Examines the influence of personal worldviews on treatment, client assessment, treatment planning and evaluation. Focuses on theories and conceptualization as they relate to clients in the context of their environment. Identifies skills necessary for providing case management in specialty areas.
Registration Restrictions: Admitted to the Bachelor of Human Services degree
Prerequisites: HUMS A322 with a minimum grade of C.

HUMS A416 Substance Abuse and the Older Adult 3 Credits
Addresses the issues related to older adults misusing alcohol, drugs, prescription medications and other substances. Emphasizes identification, assessment and intervention strategies. Highlights mental health issues related to an older population.
Registration Restrictions: Admitted to the Bachelor of Human Services degree or departmental approval
Prerequisites: HUMS A123 with a minimum grade of C and HUMS A324 with a minimum grade of C.

HUMS A417 Substance Abuse Counseling for Human Service Professionals 3 Credits
Registration Restrictions: Admitted to the Bachelor of Human Services degree or with departmental approval
Prerequisites: HUMS A123 with a minimum grade of C and HUMS A324 with a minimum grade of C.

HUMS A420 Introduction to Program Evaluation 3 Credits
Introduces the theory and practice of program evaluation for applied health and human services settings.
Special Note: Bachelor of Science in Health Sciences students should complete HS A326 with a minimum grade of C prior to registering for this course.
Registration Restrictions: Junior or senior standing and department approval
Crosslisted With: HS A420

HUMS A435 Individual and Group Facilitation 3 Credits
Presents advanced facilitation skills enhancing the helping process for both individual and group settings. Covers specific theoretical concepts, techniques and approaches appropriate to a broad range of human services delivery systems. Links individual and group work, human service organizations, and communities, particularly ones in which members experience oppression and marginalization.
Registration Restrictions: Admitted to the Bachelor of Human Services degree or department approval
Prerequisites: HUMS A255 with a minimum grade of C.
**HUMS A441 Cultural Attunement: Theories and Practice Models 3 Credits**

Presents the concept of a culturally attuned practitioner, acknowledging the pain of oppression and coming from a place of not-knowing. Provides students with the principles of multiracial cultural attunement: critical multiraciality, intersectionality, and social constructivism. Presents theories of racism and oppression as well as theories consistent with cultural attunement.

**Prerequisites:** HUMS A321 with a minimum grade of C.

**HUMS A442 Privilege & Oppression: Equity and Equality in America 3 Credits**

Presents historical information on laws, policies, and regulations that have impacted racism and anti-racism efforts. Provides a framework for recognizing racism in the context of today's society.

**Prerequisites:** HUMS A321 with a minimum grade of C.

**HUMS A461 Crisis Intervention 3 Credits**

Presents crisis intervention techniques focused on a systematic approach to effective crisis management. Examines crises in five categories: crisis causality, identification, intervention, treatment strategies and follow-up.

**Registration Restrictions:** Admitted to the Bachelor of Human Services degree or the minor in Human Services

**Prerequisites:** HUMS A324 with a minimum grade of C.

**HUMS A464 Leadership in Human Services: Models, Process and Contemporary Issues 3 Credits**

Explores leadership development, styles and challenges in a global society through the frameworks of transformative and other structural change models. Examines profit and non-profit management as well as agents of change that improve or hinder human services delivery.

**Registration Restrictions:** Admission to the Bachelor of Human Services

**HUMS A490 Selected Topics in Family and Community Systems 3 Credits**

Presents a systems approach to community and family human service delivery. Through the frameworks of diversity and social justice, the course examines contemporary and changing service delivery values, perspectives and intervention techniques, in the correctional, child protection, mental health, health, housing, and other complex systems.

**Special Note:** May be repeated three times with a change of subtitle.

**Registration Restrictions:** Department approval

**HUMS A495 Human Services Practicum III 3 Credits**

Provides students with advancing levels of responsibility in direct client services and/or specialized activities/projects while increasing their professional development. Weekly concurrent classroom seminars required. Requires students to complete 125 hours in a field placement agency and the first three sections of their Capstone proposal.

**Registration Restrictions:** Admission to the Bachelor of Human Services and senior standing

**Prerequisites:** HUMS A295B with a minimum grade of C and (HS A420 with a minimum grade of C or HUMS A420 with a minimum grade of C).

**HUMS A496 Human Services Integrative Capstone 3 Credits**

Prepares students to conduct applied research to complete a Human Services Integrative Capstone project. Requires 50 hours in the same field placement agency as HUMS A495, where students will collect data necessary for their Capstone research project. Requires students to analyze the data for their Capstone presentation.

**Registration Restrictions:** Admitted to the Bachelor of Human Services program with senior standing and completion of all GER Tier 1 (basic college-level skills) courses.

**Prerequisites:** HUMS A495 with a minimum grade of C.

**Attributes:** UAA Integrative Capstone GER.