

Human Services (HUMS)

Courses

HUMS A105 Practice of Substance Use Disorder Treatment 3 Credits

Introduces students to client-centered counseling, American Society of Addiction Medicine (ASAM) and Diagnostic and Statistical Manual (DSM) definitions, diagnostic criteria, and treatment guidelines within the crisis, acute, short-term, and long-term treatment. Provides students with case management models. Addresses ethics of treatment, including documentation guidelines and models, confidentiality, dual relationships, and conflict of interest. Examines motivational interviewing and integrated care.

HUMS A107 History of Systems of Change 3 Credits

Introduces historical foundations of the human service profession through the lens of formative legislation and the evolution of the profession.

HUMS A122 Substance Use Disorder in Alaska 3 Credits

Covers social and community factors influencing substance use as a social problem. Focuses on the epidemiology of substance use, substance use disorder, addiction, and co-occurring disorders. Addresses the social, psychological, behavioral and biophysiological aspects of substance use. Addresses infectious diseases that may co-occur with substance abuse.

HUMS A125 Prevention of High Risk Behaviors in Adolescents 3 Credits

Provides an overview of brain development and its impact on behavior. Presents types of issues in adolescence and prevention approaches to high-risk behavior.

HUMS A155 Field Work and Human Service Practice 3 Credits

Presents skills appropriate for human service professionals in practicum placements and in future careers. Includes skills related to task groups, leadership, problem-solving, workplace norms, technological literacy, digital communications, and working with diverse client populations. Presents the use of e-portfolios in the documentation of learning.

HUMS A156 Professional ePortfolio for Human Services 1 Credit

Provides students an opportunity to explore documenting their achievements in a professional electronic portfolio and practice relevant technological literacy skills for the workplace. Includes the completion of self-assessments of students' skills and scope of work in human service organizations.

HUMS A181 Peer Support and Recovery Practices In Behavioral Health 3 Credits

Prepares students with the academic knowledge to serve as peer support specialists in Alaska. Introduces peer support and recovery practices in behavioral health. Provides opportunities to learn about evidence-based wellness education and recovery action plans. Fulfills the 40-hour training required by the Alaska Commission of Behavioral Health for the Peer Support Professional.

HUMS A190 Selected Topics in Human Service Practice 1-3 Credits

Examines special interest topics in the field of human services.

Special Note: May be repeated for credit with a change in subtitle.

HUMS A200 Introduction to Children's Behavioral Health 3 Credits

Covers ethics and ethical practices, self-care, confidentiality, mandatory reporting, overview of child and adolescent development, building and maintaining therapeutic relationships, boundaries, culturally responsive interventions, resiliency, communication, and additional behavioral health topics impacting treatment outcomes for children and adolescents.

HUMS A205 Teaching Behavioral Support and Social Skills to Youth 3 Credits

Equips students and professionals with practical strategies to enhance children's self-esteem, social competence, and resilience while incorporating positive behavior support principles. Introduces various intervention models and emphasizes effective interactions and conversations to support children from diverse backgrounds, providing a comprehensive framework for enhancing social development and behavior management skills.

HUMS A206 Understanding Mental Health Diagnosis, Treatment, and Interventions in Children's Behavioral Health 3 Credits

Offers students a comprehensive understanding of mental health diagnoses commonly observed in children, within the context of supporting the child's well-being. Engages students in exploring interventions associated with various diagnoses. Equips students with the knowledge and skills to effectively support children with behavioral and mental health challenges in various settings.

HUMS A207 Trauma Informed Work with Children 3 Credits

Covers differentiation between types of trauma that children can experience and how trauma may affect their treatment outcomes. Examines safe and supportive trauma-informed interventions, as well as strategies to reduce the effects of caregiver fatigue.

Special Note: Not available for credit to students who have completed HUMS A307.

May Be Stacked With: HUMS A307

HUMS A212 Cases in Substance Use Disorder Treatment and Practice 3 Credits

Serves as an integrative experience using the case method. Allows students to work individually and/or in small teams to address practice issues. Includes topics that include assessment of substance use disorder and co-occurring disorders, development of treatment plans, application of best practices such as motivational interviewing, case management process, crisis intervention methods, and team-based collaboration.

HUMS A224 Systems of Conflict and Collaboration 3 Credits

Presents interpersonal conflict and collaboration through the social construction and general systems theoretical frameworks. Presents models to help manage and/or resolve conflict.

HUMS A225 Counseling in Human Service Practice 3 Credits

Presents counseling approaches and skills within ethical and theoretical frameworks. Provides students with knowledge and practical application skills for helping relationships, including skills for understanding, positive action, crisis intervention, and trauma-informed care.

HUMS A241 Understanding Guardianship and Conservatorship 3 Credits

Examines guardianship and conservatorship regarding statutes, authority, limitations, and fiduciary obligations. Explores alternatives to guardianship, the power of attorney, and supported decision-making for vulnerable adults. Introduces person-centered practice as well as medical decision-making obligations and limitations.

HUMS A242 Guardianship: Legal Process, Legal Forms and the Parties 3 Credits

Describes the legal process of working with guardianships, including petitioners and their duties, types of opening letters, Guardian ad Litem (GAL) conversions, court visitors, motions, annual reports, repayment of benefits, and wills.

HUMS A243 Guardianship: Understanding Community Resources & Benefits 3 Credits

Provides students with information for guardians working with clients, including knowledge of state and federal programs, the Department of Public Advocacy (DPA) application, Medicaid waivers, conservatorship accounts, eligibility issues, and trusts.

HUMS A244 Advanced Decision-Making, Ethics, and Preparing a Guardianship Business 3 Credits

Provides students with information on decision-making, ethical issues, National Guardianship Association Standards, and steps necessary to be a public guardian, including licensing, bonding/insurance, national exam, background checks, and tax benefits.

HUMS A253 Human Services and Disabilities 3 Credits

Explores human services in the diverse field of disabilities. Examines history, service systems, advocacy, and disability culture.

HUMS A254 Finding My Way Home: Place Identity & Historical Trauma 3 Credits

Introduces historical trauma and its impact on marginalized populations. Explores the diversity of Alaska Native cultures and languages and the concept of place identity. Introduces the 1971 Alaska Native Claims Act. Utilizes case studies, story telling and talking circles to identify culturally appropriate prevention and treatment interventions.

Attributes: UAA Alaska Native-Themed GER.

HUMS A255 Group Work in Human Service Practice 3 Credits

Presents practical knowledge of planning, facilitating, and sustaining task-centered, support, and psychoeducational groups within human service practice in the formation of supportive communities. Includes a typology of groups and their facilitation, ethical considerations, group leadership, management and evaluation skills, and discussion of basic issues in group membership and facilitation.

HUMS A285 Professional Communication in Human Service Practice 3 Credits

Develops and enhances students' professional writing skills for successful workplace communications in the field of human services. Prepares students for writing that reflects the values and principles endorsed in human services practice; enhances students' ability in critical thinking and analysis.

HUMS A288 Case Management in Human Services Practice 3 Credits

Focuses upon theory and application associated with service delivery, client assessment, case planning, implementation, evaluation and ethical decision making.

Registration Restrictions: Admission to the Associate of Applied Science in Human Services, the Bachelor of Human Services or department approval

HUMS A290 Selected Topics in Human Service Practice 3 Credits

Addresses a selected topic or current issue in human services. Includes topics of national and international interest.

Special Note: May be repeated twice with change of subtitle.

Department approval may be substituted for the required prerequisite course(s).

HUMS A295A Human Services Practicum I 3 Credits

Places students in a community agency with an emphasis on observation of agency structure and function, development of professional and inter-agency relationships, and applying helping skills with agency clients. Includes having students construct e-portfolios to document their growth and development in practicum.

Special Note: Includes a mandatory weekly in-class seminar and 125 hours completed in the field placement agency.

Registration Restrictions: Admission to the Associate of Applied Science in Human Services or the Bachelor of Human Services

Prerequisites: HUMS A155 with a minimum grade of C and HUMS A225 with a minimum grade of C and (WRTG A111 with a minimum grade of C or concurrent enrollment or WRTG A1W with a minimum grade of C).

HUMS A295B Human Services Practicum II 3 Credits

Provides students with advancing levels of responsibility in direct client services in the community and/or specialized activities/projects while increasing their professional development. Refines e-portfolio for further documentation of learning in practicum.

Special Note: Requires students to complete 125 hours of field placement in an agency setting and weekly classroom seminar.

Registration Restrictions: Admission to the Associate of Applied Science in Human Services or Bachelor of Human Services.

Prerequisites: HUMS A295A with a minimum grade of C.

HUMS A295C Guardianship Practicum 4 Credits

Provides a practicum placement for students to gain experience working with actual guardianship clients.

Prerequisites: HUMS A241 with a minimum grade of C and HUMS A242 with a minimum grade of C and HUMS A243 with a minimum grade of C and HUMS A244 with a minimum grade of C or concurrent enrollment.

HUMS A301 Substance Abuse Prevention 3 Credits

Presents knowledge and skills as tools in the development of community education and prevention programs in substance abuse.

HUMS A302 Substance Use Treatment Across the Life Course 3 Credits

Offers a family-centric approach to substance use treatment and recovery focusing on four phases of the life course (childhood and adolescence, young adulthood, adulthood, and older adult). Addresses recovery ethics.

HUMS A307 Advanced Trauma Informed Work with Children 3 Credits

Extends knowledge of learning theory to functional behavior assessments of problem behaviors and appropriate interventions in children. Examines the development of behavior support plans using non-aversive interventions for challenging and problematic behaviors with children, with a particular focus on understanding trauma and its impact on children's mental health.

Special Note: It is recommended that students have completed foundational coursework in psychology, child development, or a related field. Not available for credit to students who have completed HUMS A207.

HUMS A321 Diversity Issues in Human Services Practice 3 Credits

Examines diversity from historical and current perspectives with an emphasis upon self-awareness. Incorporates the needs of diverse groups into human services best practices through readings, role-play and group activity.

Attributes: UAA Intercultural Fluency GER.

HUMS A325 Case Management in Complex Systems 3 Credits

Introduces policy and process issues involved in providing case management services in highly structured systems. Identifies strengths in collaborating across and among systems and barriers to implementing culturally appropriate case management services to families.

HUMS A333 Alternative Dispute Resolution 3 Credits

Provides a conceptual framework in alternative dispute resolution with emphasis on history, communication skills and ethics. Uses simulation exercises, including negotiation strategy and tactics, mediation process and techniques, and development of arbitration case theory presentation.

Registration Restrictions: Department approval

HUMS A334 Family Mediation 3 Credits

Examines the role of mediation in resolving conflict in domestic relations, family business situations and crisis situations within the community. Incorporates systems theory, mediation theories, principles and skills of mediation, different approaches to family mediation and current research.

Registration Restrictions: Department approval

HUMS A355 Approaches for Working with Individual Clients 3 Credits

Presents techniques for working with individual clients. Covers specific theoretical concepts and techniques appropriate to a broad range of human services delivery systems. Presents approaches in a cultural context for individual clients, particularly ones in which members experience oppression and marginalization.

Registration Restrictions: Admission to the Associate of Applied Science in Human Services, the Bachelor of Human Services, or department approval

HUMS A356 The Dynamics of Human Service Organizations 3 Credits

Introduces the dynamics of human service organizations and the evolution of the human services field. Examines organizational behavior and its impact on clients, staff, and the community.

Prerequisites: HUMS A225 with a minimum grade of C.

HUMS A390 Selected Topics in Human Service Practice 3 Credits

Examines special interest topics in the field of human services.

Special Note: May be repeated for a maximum of 9 credits with a change of subtitle.

HUMS A411 Diversity and Substance Use Recovery 3 Credits

Offers a positive strengths-based perspective on working with diversity as a factor in substance use recovery. Adopts a community and culturally-centric approach to recovery. Builds on recovery ethics, and introduces ethics pertaining to respect and dignity.

Prerequisites: HUMS A302 with a minimum grade of C.

HUMS A412 Ethical Issues in Human Services Practice 3 Credits

Examines ethical issues in human services practice defined in the National Organization of Human Services (NOHS) Ethical Code. Focuses on client rights, confidentiality and worker responsibility.

Registration Restrictions: Admission to the Associate of Applied Science in Human Services or the Bachelor of Human Services

HUMS A416 Substance Misuse Disorders and the Older Adult 3 Credits

Addresses the issues related to older adults misusing alcohol, drugs, prescription medications and other substances. Emphasizes identification, assessment and intervention strategies. Highlights mental health issues related to an older population.

HUMS A417 Advanced Recovery Practice in Substance Use Treatment 3 Credits

Addresses models of counseling and intervention that incorporate diversity and strengths-based approaches for advancing recovery, particularly those useful in challenging situations. Deepens students' understanding of tools to address those challenging situations, including relapse, infectious disease, developmental and cognitive factors, and socio-legal issues.

HUMS A441 Intersectionality - An Approach to Cultural Practice 3 Credits

Presents the concept of a culturally attuned practitioner, acknowledging the pain of oppression and coming from a place of not knowing. Provides students with the principles of multiracial cultural attunement: critical multiraciality, intersectionality, and social constructivism. Presents theories of racism and oppression as well as theories consistent with cultural attunement.

Prerequisites: HUMS A321 with a minimum grade of C.

HUMS A442 Privilege & Oppression: Equity and Equality in America 3 Credits

Presents historical information on laws, policies, and regulations that have impacted racism and anti-racism efforts. Provides a framework for recognizing racism in the context of today's society.

Prerequisites: HUMS A321 with a minimum grade of C.

HUMS A455 Crisis Intervention and Trauma Informed Practice 3 Credits

Presents culturally responsive and effective interventions for crisis management. Presents practice issues related to children and adults who have experienced trauma. Examines the causes, interventions, strategies, and follow-up.

Registration Restrictions: Admission to the Associate of Applied Science in Human Services or the Bachelor of Human Services

HUMS A464 Leadership and Diversity in Contemporary Society 3 Credits

Explores leadership development, styles and challenges in a global society through the frameworks of transformative and other structural change models. Examines profit and non-profit management as well as agents of change that improve or hinder human services delivery.

HUMS A490 Selected Topics in Human Services Practice 3 Credits

Presents a systems approach to community and family human service delivery. Examines contemporary and changing service delivery values, perspectives and intervention techniques, in the correctional, child protection, mental health, health, housing, and other complex systems.

Special Note: May be repeated three times with a change of subtitle and content.

Registration Restrictions: Department approval.

HUMS A491 Qualitative Research and Evaluation in a Multicultural Environment 3 Credits

Provides knowledge and skill development in qualitative research and evaluation. Prepares students for their Capstone research project.

Registration Restrictions: Junior or senior standing or department approval

HUMS A495 Human Services Practicum III 3 Credits

Provides students with advancing levels of responsibility in direct client services and/or specialized activities/projects. Increases students' professional development through the use of electronic portfolios. Affords students an opportunity to develop the proposal for their Capstone project.

Special Note: Requires students to complete 125 hours in a field placement agency.

Registration Restrictions: Senior standing and admission to the Associate of Applied Science in Human Services or the Bachelor of Human Services

Prerequisites: HUMS A295B with a minimum grade of C.

HUMS A496 Human Services Integrative Capstone 3 Credits

Prepares students to conduct research and complete an Integrative Capstone project. Includes 50 hours in their last field placement agency for data collection. Requires students to complete a literature review, collect and analyze the data, and present the results using e-portfolio. Provides an opportunity for students to develop grant-writing skills.

Registration Restrictions: Senior standing and admission to the Associate of Applied Science in Human Services or the Bachelor of Human Services

Prerequisites: HUMS A491 with a minimum grade of C and HUMS A495 with a minimum grade of C.

Attributes: UAA Integrative Capstone GER.