Human Services (HUMS)

Courses

HUMS A101 Introduction to Human Services 3 Credits
Introduces human services as a profession. Traces historical and contemporary service delivery approaches. Identifies ethical and professional roles of human service workers. Examines human service consumer problems and appropriate helping systems and strategies.

HUMS A107 History and Systems of Human Services 3 Credits
Introduces historical foundations of the human service profession through the lens of formative legislation and service delivery systems.

HUMS A122 Substance Abuse as a Contemporary Problem 3 Credits
Presents current issues in addiction through a human service perspective emphasizing social, legal, public health and public policy contexts.

HUMS A123 Public Education and Prevention in Substance Abuse 3 Credits
Presents knowledge and skills as tools in the development of community education and prevention programs in substance abuse.

HUMS A124 Introduction to the Physiology and Pharmacology of Substance Abuse 3 Credits
Introduces basic properties and effects of psychoactive substances on human physiology from a substance abuse treatment perspective.

HUMS A153 Human Relations 3 Credits
A survey of human relations to include communication, problem solving, interaction, relationship, choice and change skills.
Crosslisted With: PSY A153.

HUMS A155 Human Relations in the Workplace 3 Credits
Presents human relation skills appropriate in the workplace. Course includes skills related to task group team membership and leadership, problem solving, and workplace etiquette.

HUMS A185 Introduction to Field Work 3 Credits
Essential elements of field experience learning in a Human Service setting, including the foundations of ethical decision making. Students will complete all documents necessary to enroll in HUMS A295A.

HUMS A200 Introduction to Children's Behavioral Health 3 Credits
Covers ethics and ethical practices, self-care, confidentiality, mandatory reporting, overview of child and adolescent development, building and maintaining therapeutic relationships, boundaries, culturally responsive interventions, resiliency, communication, and additional behavioral health topics impacting treatment outcomes for children and adolescents.
Registration Restrictions: Department approval
Crosslisted With: DLS A200

HUMS A205 Teaching Social Skills to Youth in Children's Behavioral Health 3 Credits
Promotes an understanding and application of learning theory to communication strategies, teaching methods and crisis prevention interventions.
Registration Restrictions: Department approval
Crosslisted With: DLS A205

HUMS A206 Positive Behavioral Supports in Children's Behavioral Health 3 Credits
Extends knowledge of learning theory to functional behavior assessments of problem behaviors in children (age 0-18) and appropriate interventions. Examines how to develop behavior support plans using non-aversive interventions for challenging and problematic behaviors with children.
Registration Restrictions: Department approval
Crosslisted With: DLS A206
Prerequisites: DLS A205 or HUMS A205.

HUMS A223 Introduction to Paraprofessional Counseling I 3 Credits
Presents basic paraprofessional counseling skills focused upon a systematic approach to effective helping. Skills are organized into the four categories: skills for understanding, skills for comfort and crisis intervention, skills for positive action, and trauma-informed care.

HUMS A224 Conflict and Collaborative Systems 3 Credits
Employs a general systems approach to examine social conflict and collaboration. Communication and conflict resolution skills are presented as tools enhancing collaboration and managing conflict.

HUMS A226 Intervention Continuum in Substance Abuse Counseling 3 Credits
Presents the continuum of substance abuse treatment interventions. Topics include screening and placement criteria, motivational interviewing, aftercare, relapse planning, documentation, and confidentiality.

HUMS A256 Groups and Organizations 3 Credits
Introduces social, organizational and work-group behavior within a human service context.

HUMS A290 Selected Topics in Alcohol and Drug Counseling 0.5-3 Credits
Provides the most current education in the area of substance abuse counseling. Specific topics will vary.

HUMS A295A Human Services Practicum I 3 Credits
Provides students a guided learning experience at a community human services agency including 125 agency hours and a weekly seminar class. Course topics include agency structure and function, application of entry-level helping skills, and interagency networking.
Registration Restrictions: GER Written Communication, human services major
Prerequisites: WRTG A111 with a minimum grade of C or concurrent enrollment and HUMS A101 with a minimum grade of C and HUMS A185 with a minimum grade of C and HUMS A223 with a minimum grade of C.

HUMS A295B Human Services Practicum II 3 Credits
Provides students with guided learning experiences at a human services agency. Students are required to complete 125 supervised agency hours during which they will become familiar with agency structure and protocols and engage in supervised client contact. Students will also participate in a weekly classroom seminar.
Registration Restrictions: Human services major
Prerequisites: HUMS A295A with a minimum grade of C.
HUMS A321 Diversity Issues in Human Services Practice 3 Credits
Examines diversity from historical and current perspectives with an emphasis upon self-awareness. The relevant needs of diverse groups are incorporated into human services best practices through readings, role-play and group activity.
Registration Restrictions: Admission to the Bachelor of Human Services minor in Human Services programs
Prerequisites: HUMS A101 with a minimum grade of C and HUMS A223 with a minimum grade of C.

HUMS A322 Service Coordination in Human Services Practice 3 Credits
Employing a blend of readings and skill development activities, the course focuses upon theory and application associated with service delivery, client assessment, treatment planning, implementation, evaluation and ethical decision making.
Registration Restrictions: Admission to the Bachelor of Human Services or minor in Human Services programs
Prerequisites: HUMS A101 with a minimum grade of C and HUMS A223 with a minimum grade of C.

HUMS A324 Introduction to Paraprofessional Counseling II 3 Credits
Provides students both theory and skill development learning experiences designed to advance paraprofessional counseling skills.
Prerequisites: HUMS A223 with a minimum grade of C.

HUMS A333 Alternative Dispute Resolution 3 Credits
Provides a conceptual framework in alternative dispute resolution with emphasis on history, communication skills and ethics. Uses simulation exercises, including negotiation strategy and tactics, mediation process and techniques, and development of arbitration case theory presentation.
Registration Restrictions: Departmental approval
Prerequisites: HUMS A223 with a minimum grade of C and HUMS A224 with a minimum grade of C.

HUMS A334 Family Mediation 3 Credits
Trains students in advanced mediation skills for resolving family conflict. Different models of mediation are presented, evaluated and practiced. Current issues in mediation with families living in Alaska are covered, including the impact of trauma on the family.
Registration Restrictions: Departmental approval
Prerequisites: HUMS A333 with a minimum grade of C.

HUMS A350 Men and Masculinity Issues in Human Services Practice 3 Credits
Examines the historical, cultural and psychosocial perspectives of masculinity and male sex roles focusing upon males in a human services setting emphasizing family, work, sexuality, and mental and physical health issues.
Registration Restrictions: Departmental approval

HUMS A351 Career Development for Human Services Professionals 3 Credits
Presents the theoretical foundations associated with career development counseling in a human services setting. Examines developmental stages associated with career development, career clusters, labor market information and assessment tools.
Registration Restrictions: Departmental approval

HUMS A352 Human Services Administration 3 Credits
Presents essential administrative approaches and skills associated with human services agency management. Topics include leadership, evaluation, program planning and financial management.
Registration Restrictions: Admission to Bachelor of Human Services program

HUMS A385 Working with Traumatized Children 3 Credits
Covers differentiation between types of trauma that children can experience and how trauma may affect their treatment outcomes. Examines safe and supportive trauma-informed interventions, as well as strategies to reduce the effects of caregiver fatigue.
Registration Restrictions: Departmental approval
Crosslisted With: DLS A385
Prerequisites: DLS A200 or HUMS A200.

HUMS A390 Selected Topics in Human Service Practice 0.5-3 Credits
Provides the most current education in the area of Human Service practice. Specific topics will vary.
Prerequisites: HUMS A101.

HUMS A405 Children's Mental Health Interdisciplinary Seminar 1 Credit
Examines strategies for optimal interdisciplinary collaboration by mental health professionals working with children and their families, including techniques for building successful teams, strengthening family-professional partnerships, and introducing effective communication/conflict management. Cultural competence and the promotion of professional resilience are also covered.
Crosslisted With: PSY A405 and SWK A405
Prerequisites: PSY A442 with a minimum grade of C and SWK A410 with a minimum grade of C.

HUMS A412 Ethical Issues in Human Services Practice 3 Credits
Examines ethical issues in human services practice defined in the National Organization of Human Services (NOHS) Ethical Code. Topics include client rights, confidentiality and worker responsibility.
Registration Restrictions: Admitted to the Bachelor of Human Services degree

HUMS A414 Advanced Case Management for Human Services Professionals 3 Credits
Broadens the perspective of the advanced student in defining and implementing case management concepts. Examines the relatedness of human services delivery programs. Skills linking client assessment, treatment planning and evaluation are presented.
Registration Restrictions: Admitted to the Bachelor of Human Services degree
Prerequisites: HUMS A322 with a minimum grade of C.

HUMS A415 Advanced Human Services Systems 3 Credits
Examines the influence of governmental legislation, public policy, and funding sources upon human services agencies. Using a systems approach, the course examines historical and contemporary systems influencing service delivery.
Registration Restrictions: Admitted to the Bachelor of Human Services degree
HUMS A416 Substance Abuse and the Older Adult 3 Credits
Addresses the issues related to older adults misusing alcohol, drugs, prescription medications and other substances. Emphasis will be placed on identification, assessment and intervention strategies.
Registration Restrictions: Admitted to the Bachelor of Human Services degree or departmental approval
Prerequisites: HUMS A122 with a minimum grade of C or HUMS A223 with a minimum grade of C or HUMS A266 with a minimum grade of C.

HUMS A417 Substance Abuse Counseling for Human Service Professionals 3 Credits
Registration Restrictions: Admitted to the Bachelor of Human Services degree or with departmental approval
Prerequisites: HUMS A122 with a minimum grade of C or HUMS A223 with a minimum grade of C or HUMS A266 with a minimum grade of C.

HUMS A420 Introduction to Program Evaluation 3 Credits
Introduces the theory and practice of program evaluation for applied public health and human service settings.
Crosslisted With: HS A420
Prerequisites: (PSY A260 or STAT A252 or STAT A253) and (HS A345 or concurrent enrollment or HUMS A295B).

HUMS A435 Individual and Group Facilitation 3 Credits
Presents advanced facilitation skills enhancing the helping process used in both individual and group settings. The course covers specific theoretical concepts, techniques and approaches appropriate to a broad range of human service delivery systems.
Registration Restrictions: Admitted to the Bachelor of Human Services degree or with departmental approval
Prerequisites: HUMS A324 with a minimum grade of C.

HUMS A461 Crisis Intervention 3 Credits
Presents essential crisis intervention techniques focused on a systematic approach to effective crisis management. The course is organized into five categories: crisis causality, identification, intervention, treatment strategies and follow-up.
Registration Restrictions: Admitted to the Bachelor of Human Services degree or the minor in Human Services
Prerequisites: HUMS A324 with a minimum grade of C.

HUMS A495 Human Services Practicum III 3 Credits
Placement in an agency provides students with advancing levels of responsibility in direct client services and/or specialized activities/projects while increasing their professional development. Weekly concurrent classroom seminars required. Students are required to complete 125 agency platform hours.
Registration Restrictions: Admission to the Bachelor of Human Services and senior standing
Prerequisites: HUMS A295B with a minimum grade of C.

HUMS A496 Human Services Integrative Capstone 3 Credits
Prepares students to conduct applied research to complete a Human Services Integrative Capstone project. Requires 50 hours in the same field placement agency as HUMS A495, where students will collect data necessary for their Capstone research project. Requires students to analyze the data for their Capstone presentation.
Registration Restrictions: Admitted to the Bachelor of Human Services program with senior standing and completion of all GER Tier 1 (basic college-level skills) courses.
Prerequisites: HUMS A495 with a minimum grade of C.
Attributes: UAA Integrative Capstone GER.

HUMS A610 Program Evaluation in Applied Settings 3 Credits
Examines conceptual, methodological, and administrative factors related to the process of program evaluation in applied settings.
Registration Restrictions: B.H.S. or equivalent degree in related field and acceptance into the Graduate Certificate in Advanced Human Service Systems. Prior coursework in research methodology required.
Prerequisites: STAT A252.

HUMS A630 Family and Community Systems 3 Credits
Presents a complex systems approach to human service delivery. Through the frameworks of diversity and social justice, the course examines contemporary and changing service delivery values, perspectives and intervention techniques.
Registration Restrictions: B.H.S. or equivalent degree in related field and acceptance into the Graduate Certificate in Advanced Human Service Systems.

HUMS A640 Contemporary Issues in Rehabilitation 3 Credits
Provides an overview of the historical, philosophical, and legal basis of rehabilitation systems and services. Examines the role of rehabilitation systems, the rehabilitation process, public and private organizational systems, and societal trends in rehabilitation.
Registration Restrictions: B.H.S. or equivalent degree in related field and acceptance into the Graduate Certificate in Advanced Human Service Systems.

HUMS A650 Leadership and Organizational Development in Human Services 3 Credits
Presents leadership styles based upon human organizational development theory and concepts. Through the frameworks of transformative, strategic and structural change models, the course examines organizational change and leadership in public, private and self-help human service organizations.
Registration Restrictions: B.H.S. or equivalent degree in related field and acceptance into the Graduate Certificate in Advanced Human Service Systems.

HUMS A670 Professional Ethics in Human Services 3 Credits
Provides an overview of ethical issues in human services emphasizing the identification of ethical issues and the application of ethical principles and codes of ethics in applied decision making.
Registration Restrictions: B.H.S. or equivalent degree in related field and acceptance into the Graduate Certificate in Advanced Human Service Systems.
HUMS A682 Advanced Topics in Human Development: Adulthood and Aging 3 Credits
Provides an overview of major theories and research in adulthood and aging with a focus on applications in human service systems. Emphasis on program development and systems issues in multicultural settings and strategies to promote healthy development and resilience.
Registration Restrictions: B.H.S. or equivalent degree in related field and acceptance into the Graduate Certificate in Advanced Human Service Systems.