

Bachelor of Human Services

The Bachelor of Human Services (BHS) prepares students to understand and apply the skills and knowledge for effective work with clients from diverse populations and with diverse needs. These skills and knowledge include: interviewing and assessment, case planning, family mediation and conflict resolution, critical thinking, and ethical standards.

The Bachelor of Human Services is accredited by the Council for Standards in Human Service Education (CSHSE).

Admission Requirements

- Complete the Admission Requirements for Baccalaureate Programs (<http://catalog.uaa.alaska.edu/academicpoliciesprocesses/admissions/undergraduate/>).

Graduation Requirements

- Complete the General University Requirements for Baccalaureate Degrees (<http://catalog.uaa.alaska.edu/undergraduateprograms/baccalaureaterequirements/>).
- Complete the General Education Requirements for Baccalaureate Degrees (<http://catalog.uaa.alaska.edu/undergraduateprograms/baccalaureaterequirements/gers/>).
- Complete the following major requirements with a minimum grade of C:

Code	Title	Credits
Core Courses		
HUMS A107	History of Systems of Change	3
HUMS A122	Substance Use Disorder in Alaska	3
HUMS A155	Field Work and Human Service Practice	3
HUMS A225	Counseling in Human Service Practice	3
HUMS A253	Human Services and Disabilities	3
HUMS A255	Group Work in Human Service Practice	3
HUMS A288	Case Management in Human Services Practice	3
HUMS A295A	Human Services Practicum I	3
HUMS A295B	Human Services Practicum II	3
HUMS A321	Diversity Issues in Human Services Practice	3
HUMS A333	Alternative Dispute Resolution	3
HUMS A334	Family Mediation	3
HUMS A355	Approaches for Working with Individual Clients	3
HUMS A356	The Dynamics of Human Service Organizations	3

HUMS A412	Ethical Issues in Human Services Practice	3
HUMS A414	Advanced Case Management for Human Services Professionals	3
HUMS A417	Advanced Recovery Practice in Substance Use Treatment	3
HUMS A464	Leadership and Diversity in Contemporary Society	3
HUMS A491	Qualitative Research and Evaluation in a Multicultural Environment	3
HUMS A495	Human Services Practicum III	3
HUMS A496	Human Services Integrative Capstone	3
LEGL A340	Family Law	3
PSY A150 or PSY A200	Lifespan Development Introduction to Behavior Analysis	3

Electives

Complete 18 credits from the following, 6 of which must be upper division. Courses from other disciplines may be substituted with advisor approval.

HUMS A181	Peer Support and Recovery Practices In Behavioral Health	3
HUMS A200	Introduction to Children's Behavioral Health	3
HUMS A206	Understanding Mental Health Diagnosis, Treatment, and Interventions in Children's Behavioral Health	3
HUMS A224	Systems of Conflict and Collaboration	3
HUMS A285	Professional Communication in Human Service Practice	3
HUMS A290	Selected Topics in Human Service Practice	3
HUMS A390	Selected Topics in Human Service Practice	3
HUMS A416	Substance Misuse Disorders and the Older Adult	3
HUMS A441	Cultural Practice in Human Systems	3
HUMS A442	Privilege & Oppression: Equity and Equality in America	3
HUMS A455	Culturally Responsive Practice with Clients Experiencing Trauma	3
HUMS A490	Selected Topics in Human Services Practice	3

Total **87**

A minimum of 120 credits is required for the degree, of which 39 credits must be upper-division.

Honors in Human Services

The Bachelor of Human Services (BHS) recognizes distinguished achievement by conferring programmatic honors in human services. In order to receive honors in human services, a student must meet the following requirements:

- Complete all requirements for the BHS. A minimum of 30 credits applicable to the BHS must be completed at UAA;
- Achieve a minimum GPA of 3.50 in upper-division (300 and 400-level) Human Services courses;
- Submit an intent to graduate with honors application to the BHS Program Director during the semester prior to the semester in which they intend to graduate.

Program Student Learning Outcomes

Students graduating with the Bachelor in Human Services will be able to:

- Demonstrate knowledge of the history of human services, how various types of services evolved, and the forces that influenced their development.
- Demonstrate skills in assessing needs and providing direct and indirect services to individuals, families, groups, and communities.
- Demonstrate knowledge of the main theories that provide the conceptual framework and underlying philosophy of the Human Services bachelor's degree program.
- Apply the National Organization for Human Services (NOHS) Standards for Ethical Behavior to their professional work.
- Demonstrate skills in research design, data collection, analysis, and evaluation.
- Demonstrate a high level of self-awareness, knowledge, and skills in the complexities of multiculturalism.
- Demonstrate skills to effectively intervene with individuals from diverse populations.

Sample Plan

The academic plan below is one pathway through the degree/certificate. It includes all requirements, taking into account recommendations from program faculty. Each student's plan may vary according to their initial course placement (<http://catalog.uaa.alaska.edu/academicpoliciesprocesses/academicstandardsregulations/courseplacement/>), intended course load, additional majors and/or minors, and their placement into required prerequisite courses. Any change in the plan below can have an unforeseen impact on the rest of the plan. **Therefore, it is very important to meet with your academic advisor to verify your personal academic plan.**

Please review the following terms, definitions, and resources associated with the sample academic plan below.

- Each course in the far left column links to a pop-up bubble with a course description, prerequisite requirements, and associations with university requirements. For example, if a course fulfills a general education requirement, you will see that in the pop-up bubble.

- **GER:** indicates a General Education Requirement (<http://catalog.uaa.alaska.edu/undergraduateprograms/baccalaureaterequirements/gers/>). GERs that also count toward degree/certificate requirements appear as a specific course in the plan. For these courses, "GER" is not indicated explicitly in the table, but if you click on the course, you will see the course's GER status in the pop-up bubble.
- **Program Elective:** indicates a specific course selection determined by program faculty to fulfill a degree/certificate requirement. Students should seek assistance from their academic advisor.
- **Elective:** indicates an open selection of 100-400 level university courses to fulfill elective credits needed to meet the minimum total credits toward the degree/certificate.
- **Upper Division Program Elective:** indicates a specific 300-400 level course selection determined by the program faculty to fulfill a degree/certificate requirement. Students should seek assistance from their academic advisor.
- **Upper Division Elective:** indicates an open selection of 300-400 level courses to fulfill elective credits needed to meet the minimum total credits toward the degree/certificate. These courses must be upper division in order to meet General University Requirements for the particular degree/certificate type.

First Year

Fall		Credits
HUMS A107	History of Systems of Change	3
HUMS A122	Substance Use Disorder in Alaska	3
HUMS A225	Counseling in Human Service Practice	3
WRTG A111	Writing Across Contexts	3
GER Quantitative Skills		3-4
Credits		15-16

Spring

HUMS A155	Field Work and Human Service Practice	3
PSY A150 or PSY A200	Lifespan Development or Introduction to Behavior Analysis	3
GER Oral Communication Skills		3
GER Written Communication Skills (200-level)		3
Program Elective		3
Credits		15

Second Year

Fall

HUMS A255	Group Work in Human Service Practice	3
HUMS A288	Case Management in Human Services Practice	3
HUMS A295A	Human Services Practicum I	3
GER Fine Arts ¹		3
Program Elective		3
Credits		15

Spring

HUMS A224	Systems of Conflict and Collaboration	3
HUMS A253	Human Services and Disabilities	3
HUMS A295B	Human Services Practicum II	3

HUMS A321	Diversity Issues in Human Services Practice	3
Program Elective		3
Credits		15
Third Year		
Fall		
HUMS A333	Alternative Dispute Resolution	3
HUMS A355	Approaches for Working with Individual Clients	3
HUMS A412	Ethical Issues in Human Services Practice	3
GER Natural Sciences w/Lab		4
Program Elective		3
Credits		16
Spring		
HUMS A414	Advanced Case Management for Human Services Professionals	3
HUMS A491	Qualitative Research and Evaluation in a Multicultural Environment	3
GER Humanities ¹		3
GER Natural Sciences ¹		3
Upper Division Program Elective		3
Credits		15
Fourth Year		
Fall		
HUMS A356	The Dynamics of Human Service Organizations	3
HUMS A417	Advanced Recovery Practice in Substance Use Treatment	3
HUMS A495	Human Services Practicum III	3
LEGL A340	Family Law	3
GER Humanities ¹		3
Credits		15
Spring		
HUMS A334	Family Mediation	3
HUMS A464	Leadership and Diversity in Contemporary Society	3
HUMS A496	Human Services Integrative Capstone	3
GER Social Sciences ¹		3
Upper Division Program Elective		3
Credits		15
Total Credits		121-122

¹ Choose a course that also fulfills the Alaska Native-Themed GER or Diversity & Inclusion GER.