

# Bachelor of Science in Kinesiology

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## Program Student Learning Outcomes

Students graduating with a Bachelor of Science in Kinesiology will be able to:

1. Apply kinesiology related concepts, theories, and frameworks to health, wellness, and quality of life.
2. Critically evaluate research related to physical activity and its impact on health and chronic disease.
3. Design, implement and evaluate physical activity programs based on relevant standards and research that promote health and quality of life for diverse populations.
4. Demonstrate effective leadership skills in varied contexts as demonstrated by
  - a. Writing outcomes
  - b. Selecting appropriate activities including progression, modification, and variation
  - c. Motivational activities
  - d. Venue selection and suitability
  - e. Safety/risk management
5. Advocate for, and demonstrate the importance of, a physically active lifestyle personally and professionally as a means to improve quality of life and reduce the risk and prevalence of lifestyle related diseases.