

Bachelor of Human Services

The Bachelor of Human Services (BHS) prepares students to understand and apply the skills and knowledge for effective work with clients from diverse populations and with diverse needs. These skills and knowledge include: interviewing and assessment, case planning, family mediation and conflict resolution, critical thinking, and ethical standards.

The Bachelor of Human Services is accredited by the Council for Standards in Human Service Education (CSHSE).

Admission Requirements

- Complete the Admission Requirements for Baccalaureate Programs (<http://catalog.uaa.alaska.edu/academicpoliciesprocesses/admissions/undergraduate/>).

Graduation Requirements

- Complete the General University Requirements for Baccalaureate Degrees (<http://catalog.uaa.alaska.edu/undergraduateprograms/baccalaureaterequirements/>).
- Complete the General Education Requirements for Baccalaureate Degrees (<http://catalog.uaa.alaska.edu/undergraduateprograms/baccalaureaterequirements/gers/>).
- Complete the following major requirements with a minimum grade of C:

| Code | Title | Credits |
|---------------------|--|---------|
| Core Courses | | |
| HUMS A107 | History of Systems of Change | 3 |
| HUMS A122 | Substance Use Disorder in Alaska | 3 |
| HUMS A155 | Field Work and Human Service Practice | 3 |
| HUMS A225 | Counseling in Human Service Practice | 3 |
| HUMS A253 | Human Services and Disabilities | 3 |
| HUMS A255 | Group Work in Human Service Practice | 3 |
| HUMS A288 | Case Management in Human Services Practice | 3 |
| HUMS A295A | Human Services Practicum I | 3 |
| HUMS A295B | Human Services Practicum II | 3 |
| HUMS A321 | Diversity Issues in Human Services Practice | 3 |
| HUMS A333 | Alternative Dispute Resolution | 3 |
| HUMS A334 | Family Mediation | 3 |
| HUMS A355 | Approaches for Working with Individual Clients | 3 |
| HUMS A356 | The Dynamics of Human Service Organizations | 3 |

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| HUMS A412 | Ethical Issues in Human Services Practice | 3 |
| HUMS A414 | Advanced Case Management for Human Services Professionals | 3 |
| HUMS A417 | Advanced Recovery Practice in Substance Use Treatment | 3 |
| HUMS A464 | Leadership and Diversity in Contemporary Society | 3 |
| HUMS A491 | Program Development & Evaluation in Human Service Organizations | 3 |
| HUMS A495 | Human Services Practicum III | 3 |
| HUMS A496 | Human Services Integrative Capstone | 3 |
| LEGL A340 | Family Law | 3 |
| PSY A150 or PSY A200 | Lifespan Development Introduction to Behavior Analysis | 3 |

Electives

Complete 18 credits from the following, 6 of which must be upper division. Courses from other disciplines may be substituted with advisor approval.

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| HUMS A181 | Peer Support and Recovery Practices In Behavioral Health | 3 |
| HUMS A200 | Introduction to Children's Behavioral Health | 3 |
| HUMS A206 | Positive Behavioral Supports in Children's Behavioral Health | 3 |
| HUMS A224 | Systems of Conflict and Collaboration | 3 |
| HUMS A285 | Professional Communication in Human Service Practice | 3 |
| HUMS A290 | Selected Topics in Human Service Practice | 3 |
| HUMS A390 | Selected Topics in Human Service Practice | 3 |
| HUMS A416 | Substance Misuse Disorders and the Older Adult | 3 |
| HUMS A441 | Cultural Practice in Human Systems | 3 |
| HUMS A442 | Privilege & Oppression: Equity and Equality in America | 3 |
| HUMS A455 | Trauma and Crisis Intervention | 3 |
| HUMS A490 | Selected Topics in Human Services Practice | 3 |

Total **87**

A minimum of 120 credits is required for the degree, of which 39 credits must be upper-division.

Honors in Human Services

The Bachelor of Human Services (BHS) recognizes distinguished achievement by conferring programmatic honors in human services.

In order to receive honors in human services, a student must meet the following requirements:

- Complete all requirements for the BHS. A minimum of 30 credits applicable to the BHS must be completed at UAA;
- Achieve a minimum GPA of 3.50 in upper-division (300 and 400-level) Human Services courses;
- Submit an intent to graduate with honors application to the BHS Program Director during the semester prior to the semester in which they intend to graduate.

Program Student Learning Outcomes

Students graduating with the Bachelor in Human Services will be able to:

- Demonstrate knowledge of the history of human services, how various types of services evolved, and the forces that influenced their development.
- Demonstrate skills in assessing needs and providing direct and indirect services to individuals, families, groups, and communities.
- Demonstrate knowledge of the main theories that provide the conceptual framework and underlying philosophy of the Human Services bachelor's degree program.
- Apply the National Organization for Human Services (NOHS) Standards for Ethical Behavior to their professional work.
- Demonstrate skills in research design, data collection, analysis, and evaluation.
- Demonstrate a high level of self-awareness, knowledge, and skills in the complexities of multiculturalism.
- Demonstrate skills to effectively intervene with individuals from diverse populations.

Sample Plan

The academic plan below is one pathway through the degree/certificate. It includes all requirements, taking into account recommendations from program faculty. Each student's plan may vary according to their initial course placement (<http://catalog.uaa.alaska.edu/academicpoliciesprocesses/academicstandardsregulations/courseplacement/>), intended course load, additional majors and/or minors, and their placement into required prerequisite courses. Any change in the plan below can have an unforeseen impact on the rest of the plan. **Therefore, it is very important to meet with your academic advisor to verify your personal academic plan.**

Please review the following terms, definitions, and resources associated with the sample academic plan below.

- Each course in the far left column links to a pop-up bubble with a course description, prerequisite requirements, and associations with university requirements. For example, if a course fulfills a general education requirement, you will see that in the pop-up bubble.
- **GER:** indicates a General Education Requirement (<http://catalog.uaa.alaska.edu/undergraduateprograms/baccalaureaterequirements/gers/>). GERs that also count toward degree/certificate requirements appear as a specific course in the plan. For these courses, "GER" is not indicated explicitly in the

table, but if you click on the course, you will see the course's GER status in the pop-up bubble.

- **Program Elective:** indicates a specific course selection determined by program faculty to fulfill a degree/certificate requirement. Students should seek assistance from their academic advisor.
- **Elective:** indicates an open selection of 100-400 level university courses to fulfill elective credits needed to meet the minimum total credits toward the degree/certificate.
- **Upper Division Program Elective:** indicates a specific 300-400 level course selection determined by the program faculty to fulfill a degree/certificate requirement. Students should seek assistance from their academic advisor.
- **Upper Division Elective:** indicates an open selection of 300-400 level courses to fulfill elective credits needed to meet the minimum total credits toward the degree/certificate. These courses must be upper division in order to meet General University Requirements for the particular degree/certificate type.

| Course | Title | Credits |
|--|--|--------------|
| First Year | | |
| Fall | | |
| HUMS A107 | History of Systems of Change | 3 |
| HUMS A122 | Substance Use Disorder in Alaska | 3 |
| HUMS A225 | Counseling in Human Service Practice | 3 |
| WRTG A111 | Writing Across Contexts | 3 |
| GER Quantitative Skills | | 3-4 |
| Credits | | 15-16 |
| Spring | | |
| HUMS A155 | Field Work and Human Service Practice | 3 |
| PSY A150 or PSY A200 | Lifespan Development or Introduction to Behavior Analysis | 3 |
| GER Oral Communication Skills | | 3 |
| GER Written Communication Skills (200-level) | | 3 |
| Program Elective | | 3 |
| Credits | | 15 |
| Second Year | | |
| Fall | | |
| HUMS A255 | Group Work in Human Service Practice | 3 |
| HUMS A288 | Case Management in Human Services Practice | 3 |
| HUMS A295A | Human Services Practicum I | 3 |
| GER Fine Arts ¹ | | 3 |
| Program Elective | | 3 |
| Credits | | 15 |
| Spring | | |
| HUMS A224 | Systems of Conflict and Collaboration | 3 |
| HUMS A253 | Human Services and Disabilities | 3 |
| HUMS A295B | Human Services Practicum II | 3 |
| HUMS A321 | Diversity Issues in Human Services Practice | 3 |

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|---|----------------|
| Program Elective | 3 |
| Credits | 15 |
| Third Year | |
| Fall | |
| HUMS A333 Alternative Dispute Resolution | 3 |
| HUMS A355 Approaches for Working with Individual Clients | 3 |
| HUMS A412 Ethical Issues in Human Services Practice | 3 |
| GER Natural Sciences w/ Lab | 4 |
| Program Elective | 3 |
| Credits | 16 |
| Spring | |
| HUMS A414 Advanced Case Management for Human Services Professionals | 3 |
| HUMS A491 Program Development & Evaluation in Human Service Organizations | 3 |
| GER Humanities ¹ | 3 |
| GER Natural Sciences ¹ | 3 |
| Upper Division Program Elective | 3 |
| Credits | 15 |
| Fourth Year | |
| Fall | |
| HUMS A356 The Dynamics of Human Service Organizations | 3 |
| HUMS A417 Advanced Recovery Practice in Substance Use Treatment | 3 |
| HUMS A495 Human Services Practicum III | 3 |
| LEGL A340 Family Law | 3 |
| GER Humanities | 3 |
| Credits | 15 |
| Spring | |
| HUMS A334 Family Mediation | 3 |
| HUMS A464 Leadership and Diversity in Contemporary Society | 3 |
| HUMS A496 Human Services Integrative Capstone | 3 |
| GER Social Sciences ¹ | 3 |
| Upper Division Program Elective | 3 |
| Credits | 15 |
| Total Credits | 121-122 |

¹ Choose a course that also fulfills the Alaska Native-Themed GER or Diversity & Inclusion GER.